

# **WALK WITH A SCHOLAR (WWS) 2016 – 2017**

**ST. ALOYSIUS COLLEGE, EDATHUA.**

## **ANNUAL REPORT**

Walk With a Scholar (WWS) is a new initiative of the Department of Collegiate Education, Government of Kerala with an aim to support a student in his/her developmental aspects such as cognitive, mental, emotional, behavioral, and social for bringing out a best citizen. The concept of ‘mentoring’ is the key idea behind the WWS.

Mentoring is a cosmopolitan concept for helping an individual for achieving his maximum potential. In mentoring, the person who is helping another person is called as the mentor and the person who is being helped as the mentee. Mentor is a friend, guide and philosopher to the mentee. The various life experience and academic knowledge of the mentor enables him to transform an average person to the best. In educational system, mentoring helps a student to develop various life skills and also for identify his/her future career.

This year, WWS has three batches, 1 year (2016-2019), 2<sup>nd</sup> year (2015-2018) and 3<sup>rd</sup> year (2014-2017) batch respectively. Each batch is with 30 students, so a total of 90 students were participated in this programme during the year 2016-2017.

### **Faculty in Charge**

- 1. Dr. Shibu George, Assistant Professor in Zoology (Coordinator)**

### **INTERNAL MENTORS**

### **3<sup>rd</sup> Year Internal Mentors**

**1. Dr. N Suja ,**

Assistant Professor, Dept. of Zoology & Aquaculture

**2. Ms. Gem Cherian**

Assistant Professor, Dept. of English

**3. Mr. Jijo Joy**

Assistant Professor, Dept. of Mathematics

**4. Mr. Paul Jacob**

Assistant Professor, Dept. of English

**5. Dr. Vinu T Vadakel**

Assistant Professor, Dept. of Physics

### **2<sup>nd</sup> Year Internal Mentors**

**1. Ms. Deena C Scaria**

Assistant Professor, Dept. of Mathematics

**2. Ms. Rosmin John**

Assistant Professor, Dept. of Physics

**3. Ms. Rani George**

Assistant Professor, Dept. of Physics

**4. Ms. Bittu Ann Chacko**

Assistant Professor, Dept. of Economics

**5. Mr. Praveen Joseph**

Assistant Professor, Dept. of Commerce

### **1<sup>st</sup> Year Internal Mentors**

1. **Dr. Santy Joseph**

Assistant Professor, Dept. of Hindi

2. **Ms. Stefy K Jose**

Assistant Professor, Dept. of Commerce

3. **Mr. Lane Joy**

Assistant Professor, Dept. of Economics

4. **Mr. Babu K Thomas**

Assistant Professor, Dept. of Physics

5. **Mr. Shiva Das**

Guest Lecturer, Dept. of English

**External Mentors (identified by the College for the First, Second and Third year batches of WWS programme in 2016-2017)**

1. **Vishnu Lona Jacob**, CEO, AWAKE, T D Road, Ernakulam-682011

2. **Anoopkumar K.V**, Psychologist, Wellness Hospital, Ernakulam

3. **Sunil D Kuruvila**, HRD Trainer & Director, Insight Mission, Mavelikkara

4. **Tom Zacharias K**, HRD Trainer, Kunnumpuram, Villoonni P.O., Kottayam- 686008

5. **P.S. Nandakumar**, Deputy Director (Retired), State Audit Department-LSG, Govt. of Kerala

## **ACTIVITIES UNDERTAKEN AS A PART OF WWS PROGRAMME IN THE YEAR 2016-2017.**

### **1. Selection of First Year Students:-**

Since 2<sup>nd</sup> and 3<sup>rd</sup> year batches are already running, selection of 1<sup>st</sup> year batch was made in this year. For that, 30 top students from 2016-2019 batch of the College were selected as 1<sup>st</sup> year batch for the programme. Selection is based on the Higher Secondary Marks and any regular student of the College with at least 60% marks in the Higher Secondary Examination is eligible to apply for the same. Since, there are 7 regular Departments in the College with varying students strength, following number of students were selected from each Department. Mathematics -4, English -4, Physics -4, Chemistry -4, Zoology -4, Commerce -5 and Economics- 5. Preference was given to only those students with highest marks in their qualifying examinations. The selection of student from each subject was done by the respective Head of the Department of the College.

After selecting 1<sup>st</sup> year students, an orientation session was given to them about the aims and objectives of WWS on 25-10-2016. **Dr. Shibu Gorge**, Coordinator presides that session. All the five internal mentors of first year participated in that session. After the introductory session, each mentor with respective mentees made a discussion regarding the future activities of WWS 2016-2017.

### **2. Teacher's Day Celebrations**

Under the leadership of 3<sup>rd</sup> year WWS students, Teacher's Day was celebrated in the campus on 05-09-2016. Students displayed various charts to convey their message on the relevance of Teacher's Day celebrations. They showed their reverence to teachers by presenting sweets and thank giving cards to them.

## **Internal Mentoring:**

All the 15 internal mentors took at least 10 hours of mentoring sessions to their mentees on their convenient time. Attendance of the students was recorded. All the mentors tried their level best for motivating the students. After completing the internal mentoring sessions, they submitted a report on their activities to the coordinator.

## **EXTERNAL MENTORING**

### **FIRST YEAR EXTERNAL MENTORING**

- a. Mr. Anoopkumar K.V, Psychologist, Wellness Hospital, Ernakulum was the resource person for the 1<sup>st</sup> external mentoring session for the first year. He gave an orientation to students on the topic ‘self awareness and how to behave in the society?’ on 11-02-2017, 10.00 am to 4.00 pm. It was an interesting and inspiring class to them.
- b. 2<sup>nd</sup> external mentoring session was lead by Sri. Vishnu Lona Jacob, CEO, AWAKE, T. D. Road, Ernakulum on 18-02-2017, between 10.00 am and 4.00 pm. He gave an outlook to students on ‘Motivation and Personality’.
- c. Sri. P.S. Nandakumar, Retired Deputy Director, State Audit Department was the 3<sup>rd</sup> external mentor to first year batch. Since, he has thorough knowledge in English language; he motivated the students on ‘soft skill development in English language’ on 18-03-2017 from 10.00 am to 4.00 pm.
- d. The 4<sup>th</sup> external mentoring to first year batch was also given by Mr. Anoopkumar K.V. on 21-03-2017 from 9.30 am to 4.30 pm. He served as a resource person on the focal theme ‘Personality Development’. The session was done through various activities.
- e. Sri. Sunil D Kuruvila, HRD Trainer and Director, Insight Mission, Mavelikkara was the 5<sup>th</sup> external mentor to first year batch. He made an activity based session on the focal theme ‘general motivation’ from 10.00 am to 4.00 pm on 25-03-2017.

- f. In the 6<sup>th</sup> external mentoring, Sri. P.S. Nandakumar, Retired Deputy Director, State Audit Department served as resource person on the topic ‘English for a better career’ on 09-06-2017, from 10.00 am to 4.00 pm

## **SECOND YEAR EXTERNAL MENTORING**

- a) Second year external mentoring sessions was begun with the talk of Mr. Tom Zacharias K, HRD trainer, Kottayam on 04-03-2017, from 10.00 am to 1.00 pm. Through various activities, he motivated the students and tried to set some goals in the life of students.
- b) 2<sup>nd</sup> external mentoring session was given by Sri. Vishnu Lona Jacob, CEO, AWAKE, T. D. Road, Ernakulam on 13-03-2017, between 10.00 am and 4.00 pm. He served as a resource person to them first time and he made a session on ‘interview skills and orientation on interview’.
- c) In the 3<sup>rd</sup> external mentoring session, the resource person was Sri. P.S. Nandakumar, Retired Deputy Director, State Audit Department. He served as resource person on the same topic (as given to first year batch), ‘soft skill development in English language’ on 07-04-2017 from 10.00 am to 4.00 pm.
- d) Mr. Vishnu Lona Jacob, CEO, AWAKE, T. D. Road, Ernakulam served as resource person on the topic ‘Career Guidance’ on 16-06-20-17 from 10.00 am to 4.00 pm. He led the students on the various scopes and futures of different subjects.

## **THIRD YEAR EXTERNAL MENTORING**

- a) Mr. Anoopkumar K.V, Psychologist, Wellness Hospital, Ernakulam was the resource person for the 1<sup>st</sup> external mentoring session for the third year. He gave an orientation

to students on the topic ‘goal setting for a bright future’ on 13-03-2017, 10.00 am to 4.30 pm.

- b) In the 2<sup>nd</sup> external mentoring session, Sri. Vishnu Lona Jacob, CEO, AWAKE, T. D. Road, Ernakulum served as resource person on the topic interview skills and orientation on interview on 07-04-2017, between 10.00 am and 4.00 pm.
- c) 3<sup>rd</sup> external mentoring was organized on 13-06-2017; from 10.00 am to 4.00 pm. Mr. Anoopkumar K.V., Psychologist, Wellness hospital Ernakulum served as the resource person on the topic Developmental psychology and Counseling.
- d) The first session of orientation class on ‘Group Discussion and Interview’ was organized for the third year students as a part of ‘Mock Test’ training on 04-03-2017, from 1.00 pm to 4.00 pm. Mr. Vishnu Lona Jacob, CEO, AWAKE, T. D. Road, Ernakulum served as resource person.
- e) The second session of orientation class on Group discussion and interview for the third year students as a part of ‘Mock Test’ training was on 14-03-2017, from 10.00 am to 1.00 pm. Mr. Tom Zacharias K, HRD trainer, Kottayam served as the resource person.

## **CONDUCT OF MOCK TESTS**

To equip our third year students for appearing public examinations such as PSC, UPSC etc, mock tests were conducted. 10 tests were conducted and each test consists of 100 questions with 4 multiple choices. The questions were prepared by Mr. Manoj Xavier, who worked as a resource person in Jeevanam PSC Coaching Centre, Mampuzhkkary, Alappuzha.

## **STUDY MATERIALS**

To win PSC or Civil Service or other UPSC examinations, General knowledge is inevitable. Therefore, to help our students to appear for Civil Service Examinations, 81 different text books (consisting of General knowledge, Civil Service Exam based

books, PSC and UPSC exams based books, Interview tips, Personality Development etc) were purchased and kept in the library for the exclusive use of WWS students. Provisions are made only for WWS student to use these books at any time.

I take this opportunity to thank the Department of Higher Education, Govt. of Kerala for providing financial support for organizing the WWS programme during the academic year 2016-2017. I acknowledge the co operations and supports given by the Principal, External and Internal mentors, for the smooth functioning of the WWS programme.

**30<sup>th</sup> June 2017**

**Dr. Shibu George**

**Coordinator, WWS**

2<sup>nd</sup> External mentoring-2<sup>nd</sup> Year: Vishnu Lona Jacob



13-03-2017

2<sup>nd</sup> External mentoring-2<sup>nd</sup> Year: Vishnu Lona Jacob



13-03-2017

3<sup>rd</sup> External mentoring-2<sup>nd</sup> Year: P.S. Nandakumar



07-04-2017

3<sup>rd</sup> External mentoring-2<sup>nd</sup> Year: P.S. Nandakumar



07-04-2017

4<sup>th</sup> External mentoring-2<sup>nd</sup> Year: Vishnu Lona Jacob



16-06-20-17

4<sup>th</sup> External mentoring-2<sup>nd</sup> Year: Vishnu Lona Jacob



16-06-20-17

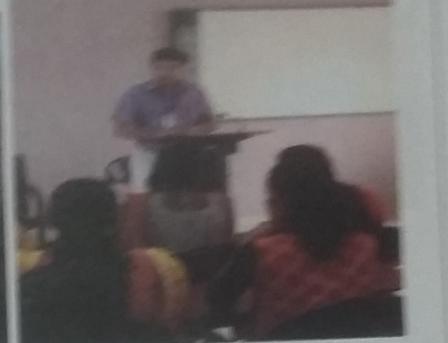
Principal  
ST. ALOYSIUS' COLLEGE

Orientation Class on WATS for the first year students by Fr. John George (Coordinator)



25-10-2016

Orientation Class on WATS for the first year students by Fr. John George (Coordinator)



25-10-2016

Teacher's Day Celebrations



05-09-2016

Teacher's Day Celebrations



05-09-2016

Principal  
ST. ALOYSIUS' COLLEGE  
Edathua

2<sup>nd</sup> External mentoring-1<sup>st</sup> Year: Vishnu Lona Jacob



18-02-2017

2<sup>nd</sup> External mentoring-1<sup>st</sup> Year: Vishnu Lona Jacob



18-02-2017

3<sup>rd</sup> External mentoring-1<sup>st</sup> Year: P.S. Nandakumar



18-03-2017

3<sup>rd</sup> External mentoring-1<sup>st</sup> Year: P.S. Nandakumar



18-03-2017

4<sup>th</sup> External mentoring-1<sup>st</sup> Year: Anoopkumar KV



21-03-2017

4<sup>th</sup> External mentoring-1<sup>st</sup> Year: Anoopkumar KV



21-03-2017

5<sup>th</sup> External mentoring-1<sup>st</sup> Year: Sunil D Kuruwila



25-03-2017

5<sup>th</sup> External mentoring-1<sup>st</sup> Year: Sunil D Kuruwila



25-03-2017

6<sup>th</sup> External mentoring-1<sup>st</sup> Year: P.S. Nandakumar



09-06-2017

6<sup>th</sup> External mentoring-1<sup>st</sup> Year: P.S. Nandakumar



09-06-2017

1<sup>st</sup> External mentoring-2<sup>nd</sup> Year: Tom Zacharias K



04-03-2017

1<sup>st</sup> External mentoring-2<sup>nd</sup> Year: Tom Zacharias K



04-03-2017

Principal  
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